



Schedule of Events
October 8, 2022
8:00 a.m. – 12:00 p.m.
Maclay Gardens State Park

Time	Event	Location
7:30-8:00 a.m.	Registration	Main Pavilion, Maclay Rec Area
8:00 a.m.	Warm Up	Grass area next to Main Pavilion
8:15 a.m.	1-mile Fun Run	Staging Area of Parking Lot
8:15 a.m.	Strength & Conditioning Leg Begins	Main Pavilion, Maclay Rec Area
8:15 a.m.	Rowing Leg Begins	Pavilion overlooking Lake Hall
8:15 a.m.	Kids Activities Begin	Grassy Area next to Main Pavilion
8:30 a.m.	Kids Obstacle Course Begins	Grassy Area next to Main Pavilion
8:45 a.m.	Running Leg Begins	Staging Area of Parking Lot
9:45 a.m.	Biking Leg Begins	Staging Area of Parking Lot
10:30 a.m.	Office Olympics Begin	Grassy Area next to Main Pavilion
10:30 a.m.	Finish Line Party Begins	Near Office Olympics
ASAP following event	Awards Presentation	Main Pavilion, Maclay Rec Area