



Annual Breakfast + Training

May 17, 2022

8:00 AM

FSU's Dunlap Champions Club

Keynote + Star Awards + Training Workshop

Keynote: *Reset + Recharge (8:00-9:30 AM)*

Master your mindset, habits, health & relationships to unleash your potential and live your best life

Training Workshop: *Impact Leadership (9:45 AM-12:30 PM)*

How future-ready leaders develop talent, improve productivity & build a culture that people love

Hear straight from our keynote speaker about the many benefits of attending!

Featuring Betsy Allen-Manning

Betsy is an internationally recognized keynote, best-selling author, TEDx speaker, and leadership development expert. Her specialty is helping leaders develop both foundational and critical skills to improve performance and productivity while building a 'great place to work' culture.



Learn more and register at workingwellday.org.

Rebuilding a Thriving Workforce

For 16 years, Working Well has been on the **cutting-edge** of improving the well-being of our workforce! Our Annual Breakfast strives to bring **new insights and practical knowledge** to help the employees and employers of workforces of all sizes be the best they can be.

Never has there been a greater need for us to **strengthen the mental and emotional well-being of our workforce** so our organizations can go beyond basic operational success and truly thrive once again. Now is the time to establish a resilient, future-ready workforce and develop a healthy, vibrant workplace culture that is attractive to both current and prospective employees.

This year, **we're hosting a nationally acclaimed expert** to highlight these issues within our workforce and to conduct an in-depth training on taking a deep dive into addressing these challenges.

Our ever-popular **Star Awards** will be presented to honor the people and organizations right here in our hometown who are making an impact on the wellness in their workplace.

We need people like YOU who are committed to wellness to participate in this effort to educate our workforce on how to face these problems head-on and ensure that we all thrive. Register today to reserve your spot at this beloved annual event.

Join us for the **Breakfast program** with a spectacular keynote address and presentation of this year's Star Awards, and stay for the **Training Workshop** to take a deeper dive into well-being!

Learn more and register at workingwellday.org.

Star Awards

Celebrating Local Winners in Wellness

Join us in applauding the organizations and individuals who are making our workforce and community healthier! Submit your application for one or all award categories, which include Recognition, Innovation, and Inspiration.

Deadline for Applications: April 28



Learn more and apply: workingwellday.org/star-awards

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