

# KN<sup>💡</sup>W BEFORE YOU GO

## Choosing Appropriate Care

**DID YOU KNOW?** 71% of emergency department visits were unnecessary or could have been avoided.

### TELEHEALTH \$

Allergies or coughing  
Cold, flu, or fever  
Earache  
Minor infections, including UTIs  
Upper respiratory symptoms



REMOTE  
ACCESS



QUICK  
RESPONSE



AVAILABLE  
24/7

### URGENT CARE \$\$

Allergies or coughing  
Cold, flu, or fever  
Minor infections, including UTIs  
Strains, sprains, or breaks  
Nausea, vomiting, diarrhea  
Minor burns



LOWER  
COST  
SHARE



SHORTER  
WAIT  
TIME



EXTENDED  
HOURS

### EMERGENCY ROOM \$\$\$

Major trauma  
Stroke  
Chest pain  
Severe abdominal pain  
Numbness in limbs  
Severe shortness of breath



HIGHER  
COST  
SHARE



LONGER  
WAIT  
TIME



OPEN  
24/7



If you have a life-threatening illness or injury, go to the ER or call 911 right away

Working Well, Inc. is a non-profit organization whose mission is to provide resources, information, education and events to improve the well-being of our community's workforce.

[WorkingWellToday.org](http://WorkingWellToday.org)