

2018 CCC Strength Conditioning results

Bib#	Team Name	Strength & Conditioning Participant	Jump Rope #	Jump Rope Rank	Sit-up #	Sit-up Rank	Bench Press #	Bench Press Rank	Total Points	S&C Rank	Company
1094	First Commerce Credit Union	Chris Lewellen	307	5	122	1	77	1	7	1	First Commerce Credit Union
1075	Roses Thorns	Rose McBride	317	4	101	5	62	3	12	2	TMH
1087	May It Please the Course	John Loar	236	18	100	6	57	4	28	3	Nelson Mullins Broad and Cassel
1069	Old Money	Tough Tom Allen	258	15	107	2	44	12	29	4	Capital City Bank
1067	Eagles Return	Bryan Hooper	336	2	80	20	49	8	30	5	Tallahassee Community College
1095	The Naumannites	Ms. Jenna Larson	215	25	105	3	65	2	30	5	The Naumann Group, Real Estate Inc.
1052	EMS Life Savers	Mr. Tien Cao	336	2	72	25	50	7	34	7	Leon County
1101	FBMC 2	Ms. Melissa Rodenberry	252	16	89	11	48	9	36	8	FBMC Benefits Management, Inc.
1098	Bone Breakers	Mr. Ren Jolly	286	10	75	23	54	5	38	9	Tallahassee Orthopedic Clinic
1077	#pediatricpowerhouse	Megan Pietrodangelo	238	17	93	7	40	19	43	10	TMH
1099	Run Like The Winded	Mr. Mike Schoenberg	229	19	92	9	41	17	45	11	Tallahassee Orthopedic Clinic
1061	Team Community Beautification	Felicia Ronay	281	11	72	25	46	10	46	12	City of Tallahassee
1100	FBMC 1	Ms. Sarah Power	218	23	89	11	42	14	48	13	FBMC Benefits Management, Inc.
1057	Thrive Moore	Mrs. Ashlee Weber	188	32	103	4	38	21	57	14	Moore
1071	THF's Let's Get Fiscal	Ms. Megan Keplinger	280	12	83	16	30	29	57	14	Thomas Howell Ferguson P.A. CPAs
1086	AM 1930	Ms. Peggy Smith	270	13	85	13	28	32	58	16	Ausley & McMullen, P.A.
1054	Team VR	Patrick Tully	303	6	85	13	20	42	61	17	Vr Systems
1074	THF's It's Accrual World	Mr. JT Medley	211	27	79	21	42	14	62	18	Thomas Howell Ferguson P.A. CPAs
1062	Team Electric	Lauren Bowman	119	45	93	7	45	11	63	19	City of Tallahassee
1076	Mavericks	Vicky Rose	344	1	63	36	34	26	63	19	TMH
1080	Forced to Participate	Jeff McCune	263	14	64	34	41	17	65	21	TMH
1085	Leon Public Health	Becky D'Alessio	133	39	77	22	53	6	67	22	DOH-Leon
1114	Encompass Health	Mr. Cameron Reed	221	22	74	24	38	21	67	22	Encompass Health
1058	Turbo Squad	Jordan Ross	298	7	68	32	30	29	68	24	Danfoss Turbocor
1051	Sweat Therapy Fitness	Lizz Harrington	217	24	91	10	25	36	70	25	Sweat Therapy Fitness
1096	You Tell Me	Mr. Kelden Coates	294	9	55	40	38	21	70	25	Tallahassee Orthopedic Clinic
1078	Bad Assets	Mr. Steven S	192	31	69	31	43	13	75	27	TMH
1056	Kicking Assets	Ms. Katelyn Wonsock	196	30	82	17	23	38	85	28	Carr, Riggs & Ingram
1090	FUELMASTER AND COMMANDER	STEVE RUNION	296	8	55	40	23	38	86	29	SYNTECH SYSTEMS, INC.
1082	Behavioral Beast Mode	Andre Payne	212	26	64	34	33	27	87	30	TMH
1089	Resuscitators	Ms. Lindsey Phipps	223	20	59	39	32	28	87	30	Leon County Government
1063	Team Communications	Eddie Kring	209	28	67	33	29	31	92	32	City of Tallahassee
1065	CCA Knights	Mr. Richard Lynes	209	28	55	40	35	24	92	32	Christ Classical Academy
1092	The Impressions	DeYonte DJ Goodman	223	20	60	38	27	34	92	32	Full Press Apparel, Inc
1097	Baby Got Back... Pain	Mrs. Lindsey McGhee	157	36	85	13	18	44	93	35	Tallahassee Orthopedic Clinic
1073	THF's Accounted Four	Mr. Brian Detwiler	176	34	70	29	28	32	95	36	Thomas Howell Ferguson P.A. CPAs
1053	Akin's Dream Team	Mr. Patrick Cutrell	154	37	30	46	42	14	97	37	Leon County Property Appraiser
1093	CRMC - ER - Emergents	Mr. Terry Schneggenburger	119	45	71	28	35	24	97	37	Capital Regional Medical Center
1060	Team Women UU&PI	Carion Haynes	153	38	82	17	19	43	98	39	City of Tallahassee
1088	Not Fast, Just Furious	Mr. Donna Sothen	169	35	70	29	23	38	102	40	Diverse Computing, Inc.
1059	Team Men UU&PI (The Champs)	Ms. Shawn Einarson	133	39	81	19	9	45	103	41	City of Tallahassee
1068	Crash Dummies	Frank Melton	DNC	47	DNC	47	40	19	113	42	capital city collision center inc.
1064	Team T&I	Kristina Fernandez	123	44	72	25	3	47	116	43	City of Tallahassee
1079	It's Accrual World	Bri Lowery	128	42	61	37	24	37	116	43	TMH
1055	Girls Just Want to Have Fun	Ms. Gina Fletcher	185	33	47	43	21	41	117	45	Property Appraiser's Office
1081	Il D Extreme	David Johnson	128	42	46	44	27	34	120	46	TMH
1072	THF's Closing the GAAP	Ms. Madeline Ruttenbur	130	41	43	45	5	46	132	47	Thomas Howell Ferguson P.A. CPAs
1066	Team Apalachee	Terry Lewis	DNC	47	DNC	47	DNC	48	142	48	Apalachee Center Inc
1070	Money Runners	Sebastian Montoya	DNC	47	DNC	47	DNC	48	142	48	Capital City Bank
1083	The Know Hows	Ashley Kelly Giraldo	DNC	47	DNC	47	DNC	48	142	48	TMH
1084	The Dream Team	Amanda Eldridge	DNC	47	DNC	47	DNC	48	142	48	TMH
1091	BERRIS FUELER'S DAY OFF	JORDAN FLETCHER	DNC	47	DNC	47	DNC	48	142	48	SYNTECH SYSTEMS, INC.