



Inspiration Award

The Inspiration Star Award will be presented to one person who has significantly changed his/her lifestyle behaviors and as result has improved their health, or who has lead fellow employees in a group or program that has significantly impacted others health and well-being, or who influences others by healthy living. In doing so, this person has been an inspiration to coworkers and others.

The Inspiring Star Award is open to all employees of organizations that have a wellness program. The award will be presented to the winning company's CEO or other senior manager at the 12th Annual CEO Working Breakfast on January 30, 2018. Nominees must be able to attend the breakfast.

Nominations should be accompanied by:

- Completed application cover sheet form. Check the appropriate box for the Inspiration Award
- A one page narrative describing how the nominee has significantly changed lifestyle behaviors, improved health, led by example or organized health initiatives that have inspired coworkers and others.
- Any supporting documentation as appropriate (photos, newsletters, videos*, etc).
- At least two letters from coworkers other than the nominator in support of the nomination.

Submit your nomination by January 5, 2018 to:

starawards@workingwelltoday.org

With the subject: **Inspiration Award Application**

If you have any questions concerning the application, please contact Melissa Dancer at 850-431-3720 or wellness@tmh.org

In evaluating the nominations, a committee from the Working Well board will consider:

- Describe of the health and lifestyle behaviors that this person engages in that make him/her deserving of the award.
- Describe how this person's health and lifestyle behaviors inspire others.
- Examples of impact the nominee's actions have on workplace well-being and benefits to others. This may include environmental, social, cultural impact, etc.

**For videos, please provide a link for viewing (for example, YouTube link, etc.)*